

# Building up your resume

*“Do you have anything to show for your time overseas?”*

**W**ill travel drag out your time at university, having wasted a year getting drunk on a bus that drives through a different European city every two days or will you return refreshed and mature, ready to launch into your chosen career path?

More importantly, will future employers look at your resume with disapproval, thinking, “He’s just another gap student?”

Or will they be impressed with how mature and independent you have become after travelling to Japan and working as an English teacher?

These are all questions that bounce up and down inside the head of someone contemplating

travel as a young adult. This could be a very important stage in your career so give the decision some serious thought.

Most of us look to build our resumes in the hope it will increase our chances of getting the perfect first job to kick-start our career.

The question is, what type of travel is worthy of being included in a resume, if at all. While a weekend trip to Sydney is not resume-building material, those completing a gap year overseas, participating in volunteer work in developing countries, working for six months as a ski instructor in Aspen, or even travelling for an extended period of time, should consider adding those details to their resume.

Does the person interviewing you at your next job take any interest in the Contiki tour that took you around Europe? Ultimately the answer is yes and no. Essentially it depends on which job you are applying for. Do you have anything to show for your time overseas



other than drinking cocktails on a beach while working on your tan?

Lloyd Morgan Recruitment Agency’s Claire Gittings says, “While I do look at a resume to get some notion of an applicant’s character,

a list of your personal growth travel would strike me as though someone thought a little too highly of their recreation. I’d leave it out, unless of course the job description calls for experience in foreign countries.”

But if your experience abroad has anything to do with the job, you should add it to your resume artillery.

Dixon Advisory employee, Chris Carron says adding travel to his resume gave him the edge over his competitors.

“When I applied for a job at Dixon Advisory I was up against other people who had similar qualifications and the same amount of experience. Travelling to the Philippines and doing some voluntary work set me apart from the rest. The woman interviewing me spent most of her time asking about my time in the Philippines.”

However, Carron had not always included travel on his resume believing it had nothing to do with

the jobs he was applying for.

“Yet when I met with a recruitment agent I was advised to include my experiences in the Philippines because it might be something that will lift me above the pack.”

Extensive travel gives a resume a boost if it includes experiences that show maturity, independence and interesting work experiences.

Flight Centre travel consultant, Nicole O’Sullivan, says travel gives you an edge in a nerve-wrecking job application process.

“Travelling gives you confidence and presents life challenging experiences as many young people travel alone and this gives them the chance to see how they cope with situations by themselves.”

O’Sullivan does not include her impressive list of overseas destinations, yet does list her work experience abroad. **Q**

*Travel and Teach English Worldwide*



**GET PAID TO TRAVEL**

- Volunteer
- International Teaching Packages
- GAP Year
- Teach Conversational English

- Work in over 80 countries
- No degree or experience necessary
- Guaranteed jobs\*- TESOL

**WARNING!**  
**THIS IS ADDICTIVE ...**  
**1300 723 928**



\* conditions apply

## PROFESSIONAL FREIGHT SERVICES PTY. LTD.



**Excess Baggage**  
**Personal Effects Service**  
Market Leaders in Excess Baggage



**CALL US OR BOOK ONLINE**

**03 9335 2499**  
**www.pfs.net.au**

- Free Baggage Pick Up\*
- Worldwide Service
- Student Discounts
- Competitive Rates
- Airfreight & Seafreight
- Cartons / Boxes Available
- Marine Insurance

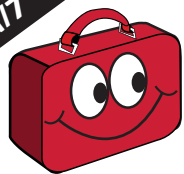
Save up to  
**50%**  
on Excess  
Baggage  
Fees!

Email: [sales@pfs.net.au](mailto:sales@pfs.net.au)

6, 4-6 Commercial Court, Tullamarine,  
Melbourne, Victoria, Australia 3043

\* Some Conditions Apply.

OPEN  
24/7



**SEVEN SEAS**  
**WORLDWIDE**™



**SEVEN SEAS**  
**WORLDWIDE**™ **1300 216 698** Call us Toll-Free today for a quote  
or book online at [www.sevenseasworldwide.com](http://www.sevenseasworldwide.com)

## Your personal relocation specialist

- ✓ **FREE CARTON & PACKING MATERIALS**
- ✓ **FREE METRO PICK UP & DELIVERY**
- ✓ **FREE ONLINE BOOKING**
- ✓ **FREE MULTI LINGUAL SERVICES**
- ✓ **FREE ONE MONTH STORAGE**



**Excess Baggage**



**Nationwide Mini Moves**



**Tax Back**



**Money Transfers**



**Safe Storage**