

Happiness is cheap chow

“You just saved a couple of dollars for lunch tomorrow”

Some like sweet, some like sour, and some prefer Thai while others choose Mexican. Regardless of your taste though, one thing for certain, we all like cheap! Nothing comes close to the feeling you get when you stroll into an eatery and end up walking away after the meal paying half what you expected to spend.

Think about this for a moment; you just saved a couple of dollars which you could use again for lunch tomorrow. In this day and age, where interest rates are growing along with everyone's gray hairs, it is very rare and to an extent, difficult, to save money.


Think about what you have just accomplished, how does that make you feel? One word comes to mind when I

get this feeling—happy.

Finding a cheap restaurant or take away does not necessarily mean you have to compromise on quality or quantity. From experience, you will find that the more expensive the restaurant is, the larger the plate and the smaller the meal.

For instance, you may end up paying double for a main meal and a serving of salad when you walk into a restaurant on Southbank, than you would for a large plate of Thai green curry at an eatery in the suburbs.

After spending almost double the money, and ending the night at MacDonalDs anyway, one may question what the justification is for such an expense. Feelings of dissatisfaction surface and you go back to thinking about that cheap place down the road.

Excitement, content, glee and joy all come to mind and the next day you may find yourself back at that low-priced, delightful eatery you should have gone to the night before. 

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